

Breaking Down A Defense

In this example we show how to neutralize the Sweeper. A through-ball will not work if the Sweeper or Goal Keeper can pick it up without an attacker to hold it and set-up the attack. Without attackers "pushing up" the defense will win every time.

The red attacker is distracting the Sweeper while 8 red players have the numbers to match up with 8 blue players. Notice the width of the red attackers yet red have the depth on the right side to present a strong attack on the right. If the Right Full-back moves into the pressure defender position the Sweeper will have to hold position as the Second Defender. A good pass into the corner leading to a cross to the left will present all sorts of problems in this scenario with the Goal Keeper focused on the right side.

Principle(s) of Play: Width, Depth, Mobility and Penetration

Attackers In Red

