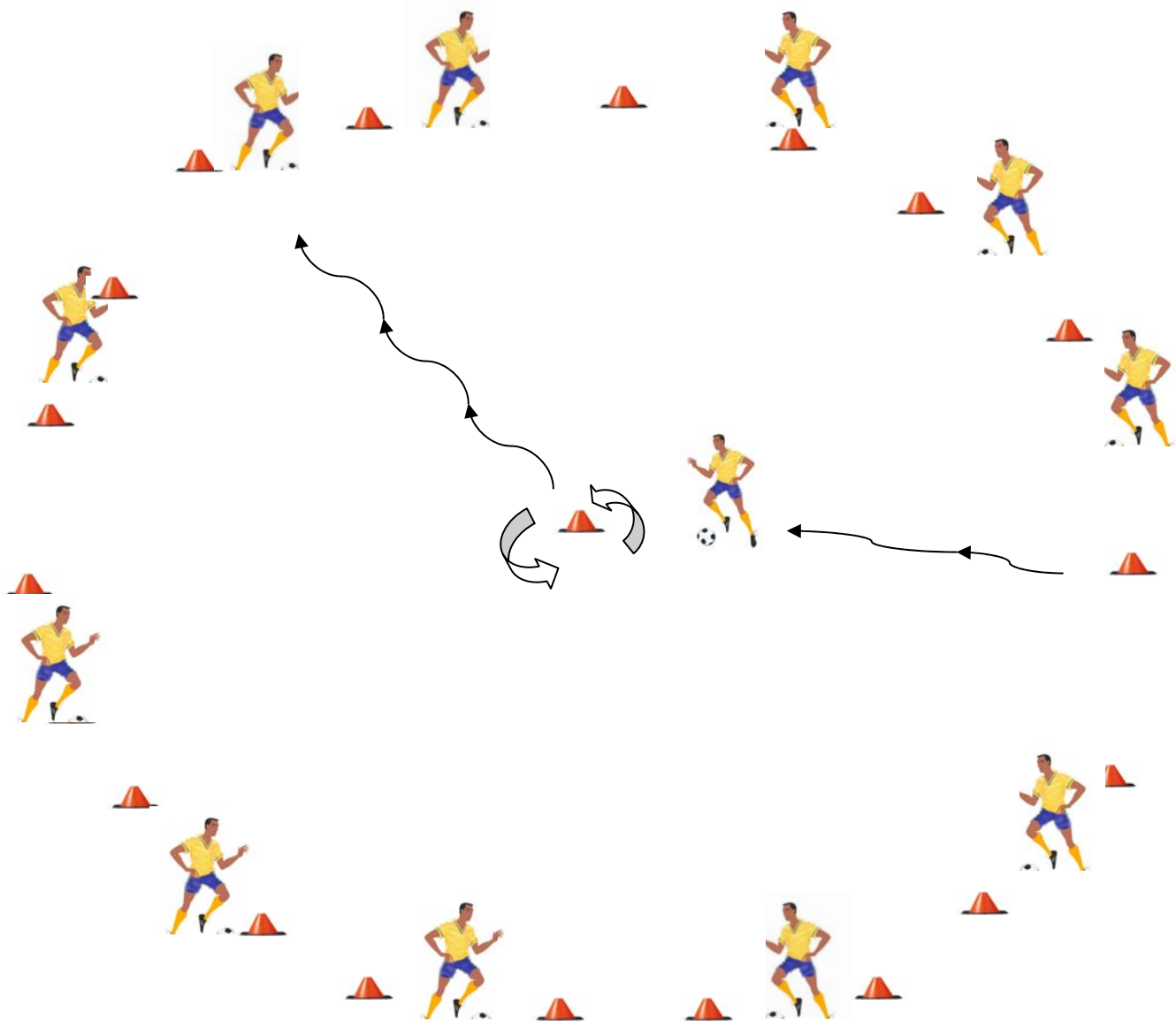


## Windows - Dribbling

This is a great way to start practice and add players to the warm-up as they arrive. One player dribbles the ball to the middle, dribbles in a circle in the middle and then dribbles over to a player on the outside ring who repeats. Build up to three players dribbling at once. Change direction to work both the left and right feet in the center circle.



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